## **DISHES AND THEIR ALLERGEN CONTENT - Nomad Bar & Kitchen Winter 25/26**

DISHES						Lupin	Milk		MUSTARD			SSSAM SOL		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Focaccia		<b>✓</b>												
Falafel & Tzatziki							<b>✓</b>							
Padron Peppers														
Wedges, Aioli & Bravas									✓					<b>✓</b>
Croquettas		1					✓							
Meatballs & Tomato Sauce		1												Trace
Chorizo & Aioli				✓					✓					
Halloumi							<b>√</b>							
Anchovies					1									
Cockles		<b>✓</b>						<b>✓</b>						



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DISHES						Lupin	Milk		MUSTARD			SSAM		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Brisket Goulash		1												<b>✓</b>
Tenderstem Broccoli										✓				
Rarebit		<b>✓</b>		<b>√</b>			<b>✓</b>		✓					<b>✓</b>
Baked Camembert		<b>✓</b>					<b>✓</b>			<b>√</b>				
Platters		1					If cheese			<b>✓</b>		<b>√</b>		If Meat
Sticky Toffee Pudding		<b>√</b>		✓			<b>✓</b>			✓				
Tiramisu		1		✓			<b>✓</b>			<b>√</b>				
Chocolate Brownie				✓			<b>✓</b>			Trace				
Carrot Cake		1								<b>√</b>			<b>√</b>	



## DISHES AND THEIR ALLERGEN CONTENT - Nomad Bar & Kitchen Winter 25/26 - Bar Snacks

DISHES						Lupin Flour	Milk		MUSTARD			SSSAM		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bar snack mix		<b>✓</b>								<b>√</b>	<b>✓</b>			
Olives														
Cured Meats														<b>✓</b>
Fried Corn										Trace	Trace			



## DISHES AND THEIR ALLERGEN CONTENT - Nomad Bar & Kitchen Winter 25/26 - Sunday

DISHES						.upin Flour	Milk		MUSTARD			USAM OLD THE STATE OF THE STATE		Seer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sourdough Toast, Jam & butter		1					✓			Trace		Trace	Trace	
Buttermilk Pancakes		<b>✓</b>		<b>✓</b>			✓							
Eggs on Toast		<b>✓</b>		<b>✓</b>			✓		<b>✓</b>	Trace		Trace	Trace	<b>✓</b>
Overnight Oats		<b>✓</b>								<b>√</b>				
Welsh rarebit		<b>✓</b>		<b>✓</b>			✓		<b>✓</b>	Trace		Trace	Trace	<b>√</b>
Loaded Hash browns		<b>✓</b>					<b>√</b>							
Shakshouka, Fried egg, toast		<b>✓</b>		<b>✓</b>						Trace		Trace	Trace	<b>✓</b>
Welsh Breakfast Frittata				<b>✓</b>			<b>√</b>							
Perl Wen Toastie		1					<b>√</b>							
Perl Las Toastie		1					✓			✓				1

